

Jain Prayers

Topic Name	Resource	JK/Sk Rookies	Grade 1,2 Level 1	Grades 3,4 Level 2	Grades 5-7 Level 3	Grades 8 and up Level 4
Navkar Mantra	JES 101 pg 20 JES 102 pg 12	X	√	√	√	√
Chattari Manglam	JES 101 pg 21 JES 102 pg 13	X	√	√	√	√
Kamamemi Savajive	JES 101 pg 24 JES 102 pg 16	X	√	√	√	√
Darshanam Devadevasya	JES 102 pg 14		X	√	√	√
Mangalam Bhagvana viro... Mangalam Stulibhadraya	JES 101 pg 22 JES 102 pg 15		X	√	√	√
Mangalam Bhagvana viro... Mangalam Kundkundacharya	JES 101 pg 22 JES 102 pg 15		X	√	√	√
Prayer of Goddess Saraswati	JES 102 pg 17		X	√	√	√
Upasargan Ksayamyanti	JES 102 pg 15 JES 103 pg XV			X	√	√
Shivamastu Sarvayagtah	JES 102 pg16 JES 103 pg XV			X	√	√
Arhanto bhagvanta Indra mahitah	JES 203 pg XVii				X	√
Asayomahe thi	JES 101 pg 25			X I	X	√
Arati	JES 203 pg18			X I	X	√
Mangal Divo	JES 203 pg 19					
Other Prayers specific to teachers recommendations						

Jain Sutras

Topic Name	Resource	JK/Sk Rookies	Grade 1,2 Level 1	Grades 3,4 Level 2	Grades 5-7 Level 3	Grades 8 and up Level 4
Navkar Mantra	EP pg 13	X	√	√	√	√
Chattari Mangalam Sutra	EP pg 15	X	√	√	√	√
Ichchami Khamasamana Sutra (Obesistance to Tirthankars or Ascetics)	EP pg 29		X	√	√	√
Tikhutto Sutra (Guru Sthpana Sutra)	EP pg 29		X	√	√	√
Panchendrya Sutra (Forgiveness Sutra of Samayik)	EP pg 16		X	√	√	√
Iriyavahiya Sutra (Forgiveness Sutra of Samayik)	EP pg 18			X	√	√
Tassa Utteri Sutra (Introspection of oneself)	EP pg 20			X	√	√
Karemi bhante Sutra (vow of Samayik Sutra)	EP pg 22			X	√	√
Logass Ujjoyegare Sutra (worshipping of 24 Tirthankars)	EP pg 24				X (I)	X
Nammuttunam Sutra (Saluting Qualities of Tirthankars)	EP pg 26				X (I)	X
Samaiya-vaya Jutto Sutra (including vows of Samayik)	EP pg 41				X (I)	X
Samaiyik and Pratikraman Procedure	EP				X (I)	X

Jain Philosophy

Topic Name	Resource	JK/Sk Rookies	Grade 1,2 Level 1	Grades 3,4 Level 2	Grades 5-7 Level 3	Grades 8 and up Level 4
Ahimsa (non-violence)	JES 103 pg 1 JES 102 pg 54 JES 302 pg 53	X I	XM	XM	X	√
Aparigraha (non-possessiveness)	JES 102 pg 57 JES 203 pg 24	X I	XM	XM	X	√
Anekantavada (non-absolutism)	JES 203 pg 24 JES 302 pg 114	X I	XM	XM	X	√
Living Beings	JES 102 pg 44 JES 203 pg 38,40	X I	XM	X	√	√
Five Senses	JES 102 pg 46	X I	XM	X	√	√
Various kinds of Living Beings	JES 101 pg 47 JES 203 pg 40	X I	X I	X	√	√
Non Living Substances	JES 102 pg 50 JES 302 pg 65	X I	XM	XM	X	√
Food groups based on Jain Practice	JES 102 pg 74 JES 203 pg 126	X I	XM	XM	X	√
Punya (virtues)	JES 102 pg 52 JES 302 pg 95		X I	XM	XM	X
Pap (Vice)	JES 102 pg 54 JES 302 pg 98		X I	XM	XM	X
Four Bhavanas (Thoughts)	JES 302 pg 108 JES 102 pg 64 JES 203 pg 96,100	X I	XM	X	√	√
Four Kashays (Passions)	JES 102 pg 62 JES 203 pg 71,79,84,90	X I	XM	X	√	√
Concept of God according to Jainism	JES 203 pg 23 JES 302 pg 42			X I	XM	X
Three Jewels	JES 302 pg 45	X I		X I	XM	X
Five Great Vows	JES 302 pg 50	X I		X I	XM	X
Six Universal Substances	JES 302 pg 57, 65				X I	X
Theory of Karma	JES 103 pg 25, 48 JES 203 pg 43 JES 302 pg 86			X I	XM	X
Four Realms	JES 203 pg 36 JES 302 pg 48			X I	XM	X
Nav Tattva (nine Fundamentals)	JES 302 pg 70, 78				X I	X

Jain Rituals/Festivals/ Institution/Symbols

Topic Name	Resource	JK/Sk Rookies	Grade 1,2 Level 1	Grades 3,4 Level 2	Grades 5-7 Level 3	Grades 8 and up Level 4
Jai Jinendra	JES 101 pg 29 JES 103 pg 24	X	√	√	√	√
Jain Dehrasar and Proper Conduct	JES 103 pg 50 JES 203 pg 34 JES 102 pg 26	X I	XM	X	√	√
Arati-Mangal Divo	JES 101 pg 37,38 JES 203 pg 18,19	X I	XM	X	√	√
Name of Tirthankars and Lanchn	JES 101 pg 40 JES 302 pg 13	X I	XM	XM	X	√
Dreams of Tirthankar's mother	JES 101 pg 68 JES 302 pg 37	X I	XM	XM	X	√
Mahavir Jayanti Celebration	JES 102 pg 57 JES 203 pg 24	X I	X I	X	√	√
Diwali	JES 102 pg 94 JES 203 pg 66	X I	X I	X	√	√
Paryshan Parva	JES 102 pg 92 JES 203 pg 64	X I	X I	XM	X	√
Dash Lakshan Parva	JES 102 pg 92 JES 203 pg 64		X I	XM	X	√
Five Auspicious events in the life of Tirthankars	JES 302 pg 10 JES 203 pg 32			X I	X	X
Astha Prakari Puja	JES 101 pg 94 JES 302 pg 26			X I	XM	X
Sadhus/Sadhvis, Shravak/shravikas	JES 103 pg 14 JES 302 pg 15,19 JES 102 pg 34			X I	XM	
Universal Jain Symbol	JES 302 pg35 JES 101 pg 35	X I	X I	XM	X	
Swastika	JES 101 pg 34 JES 203 pg 36 JES 302 pg 48	X I	X I	X I	X	
Om Hrim Arhum	JES 101 pg 31,32,33				X	

Practices in Daily Life Based on Jainism

Topic Name	Resource	JK/Sk Rookies	Grade 1,2 Level 1	Grades 3,4 Level 2	Grades 5-7 Level 3	Grades 8 and up Level 4
Jain Greeting “Jain Jinendra”						
Recite Navkar Mantra when you wake up and before going to bed						
Respect your parents, teachers and elders						
Go to Pathshala on a regular basis						
Try not to hurt any living beings including vegetation and plants						
Be honest and truthful Do not lie, cheat or steal						
Be thankful for what you have Do not be greedy						
Do not gossip or criticize others behind their back						
Eat a healthy vegetarian diet						
Do not waste any food or water						
Food and clothes donation for less fortunate						
Donation to temple						
Know and Practice Yoga asanas						
Add meditation to our daily life						
Understand our religion and keep an open mind to others ideas, religions etc.						
Practice three R’s of the environment, Reduce, Recycle and Reuse						
Animal Rights						
Be aware as a consumer (i.e. excessive packaging, ingredients, how things were made etc.)						

*** All the above topics can and should be incorporated into the other curriculum areas. They should be done at all levels keeping in mind the ability of the grade being taught.

X I - Introduction to the topic

X - Middle level learning/exposure to the topic

X - Detail level learning/exposure to the topic

√ - Student has learned this in prior level

JES - Jaina Education Series

EP - English Pratikraman for Young Adults in North America